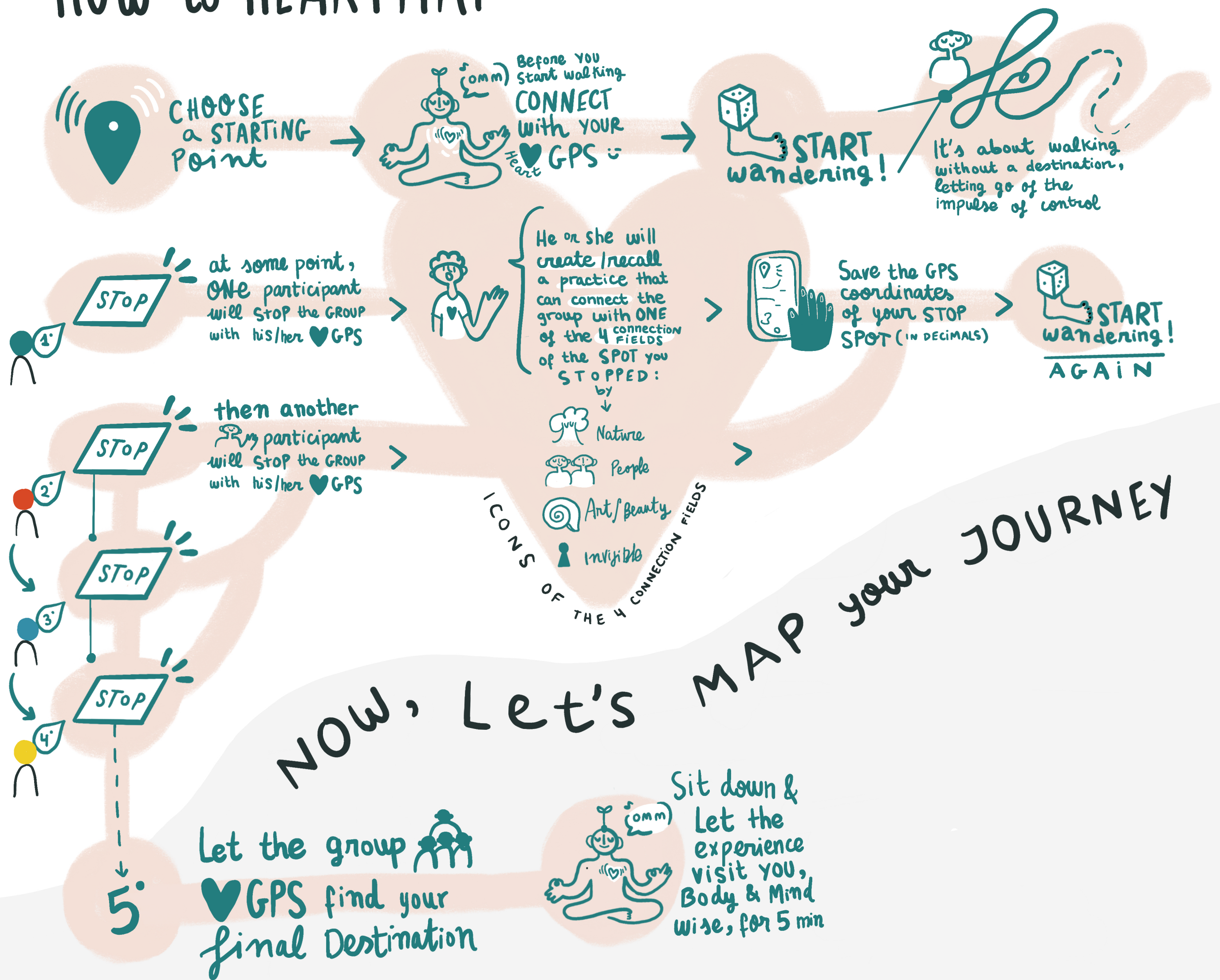


HOW to HEARTMAP - a participatory art walking experience



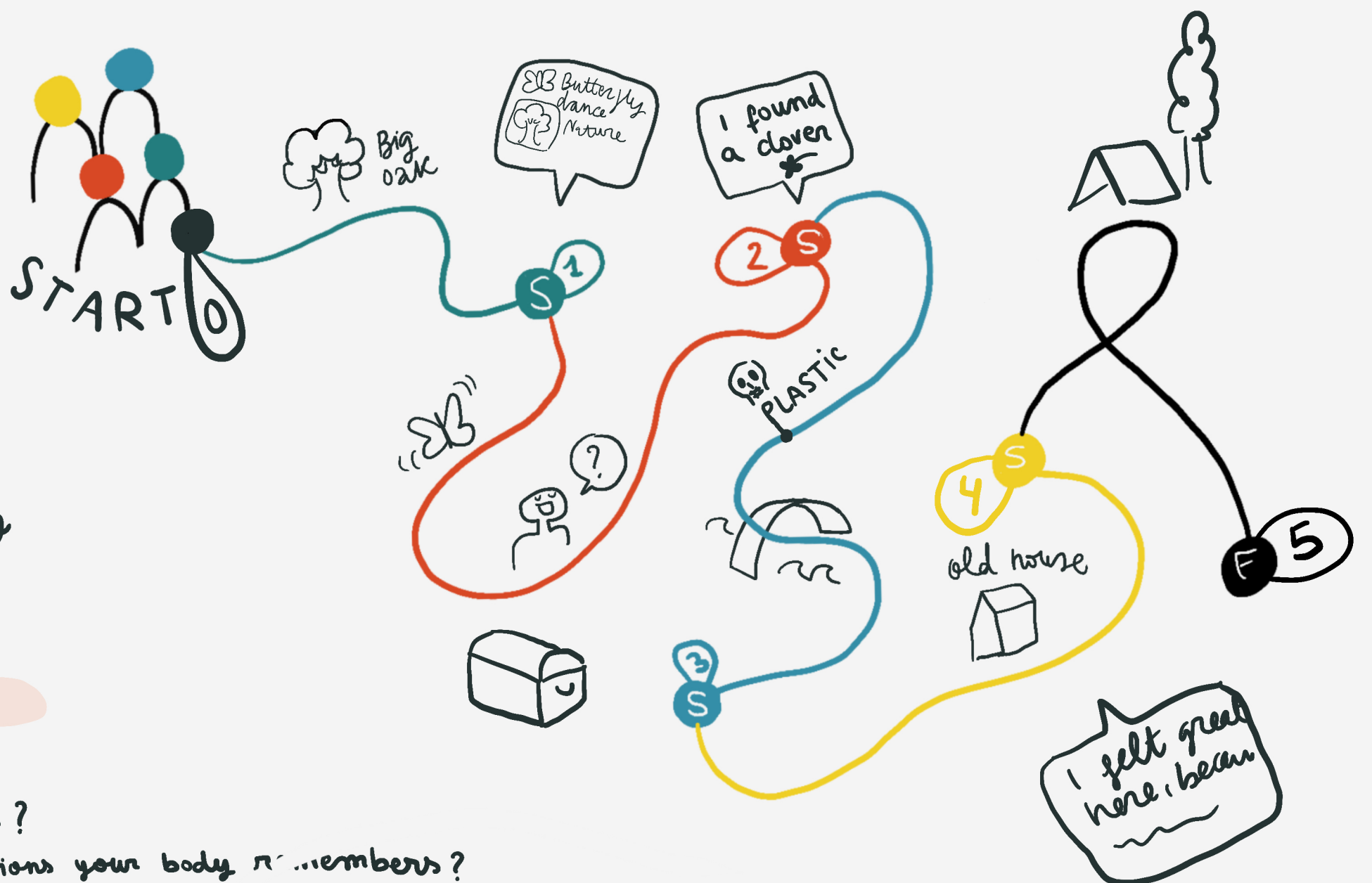
MAP YOUR JOURNEY

⌚ → 20/30 Minutes

- 1 → mark the 6 points of your collective journey
- 2 → include creatively your holistic experience.

? guiding questions

- > What was around?
- > What sensory impressions your body remembers?
- > How did you feel?
- > What ideas/fantasies/dreams visited you?



To finish, go here →

